



North Carolina Wildlife Resources Commission

M. Kyle Briggs, Executive Director

PYHSICIAN'S CERTIFICATE OF FITNESS

As part of the selection process for the position of an NC Wildlife Law Enforcement Officer, The NC Wildlife Resources Commission Law Enforcement Division conducts a physical assessment consisting of the Modified POPAT (Police Officer's Physical Abilities Test) Chase and Apprehension Scenario. This assessment consists of: (NOT PART OF THE REQUIRED DOCTOR PHYSICAL, THIS IS JUST AN EXAMPLE)

- Running 160 feet
Two Times: Running 120 feet while completing the following:
1. 4-foot broad jump
2. 4-foot fence climb
3. Crawl under a 2-foot obstacle
Four Times: 'Roll Drill', three repetitions with a 100 lb. heavy bag
Two Times: 17 push-ups
25 Steps (up and down) on an 8" step box
Within a time of < 6:54.

This is to certify that I, (Printed Name of Physician), am a(n) (MD, PA, NP) licensed to practice Medicine in the State of (State). I am familiar with the medical history of (Printed Name of Applicant), who has applied for employment with the North Carolina Wildlife Resources Commission Law Enforcement Division. I am not aware of any conditions, physical, mental, or emotional, that would limit this person's ability to participate in the above-listed physical assessment, and I do not have any reservations about this person's ability to physically participate in this program.

(Physician's Signature) (Date)

Name and Address of Physician:
Address line 1
Address line 2
Address line 3

Phone: ()